

What Can I Do To Help Stop Abortion?

**Check with adults before starting any of these projects.
You should get their advice, guidance and assistance.**



1. Display a pro-life sticker/decals prominently on your book bag, notebook or even on your bicycle!
2. Babysit for a single mother or parents with a handicapped child. They need a break – do it for free!



3. Pray everyday for an end to abortion. Pray for abortionists and those who work in the abortion business. Pray for women who have had an abortion. Pray for judges and legislators. Pray for those working to defend babies and help women in the pro-life movement.



4. Make a poster for the front window of your home. Tell the people in your neighborhood that you are pro-life.



5. Mail a picture of a baby to your Congressman, state Representatives and Senators. Cut out pictures of babies and children doing things and write a letter saying, “An aborted baby will never (ride a bike, paint a picture, etc.)” Ask the politician to make abortion illegal.



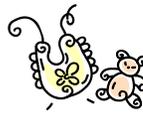
6. Whenever you have the chance to write a report, write about precious babies and stopping abortion. Write to newspapers and express your views on life.



7. Ask questions. The struggle to stop abortion will take years and years. The more questions you ask, the more you will know, the more you will be able to help someone who is considering an abortion



8. Wear a precious feet pin every day. This pin costs \$1.00 from Kansans for Life (see back for address and phone number). People will ask about the pin and what it means. This gives you the opportunity to speak up for the child in the womb and how precious each human life is in the eyes of God.



9. The organizations that help women can use your help. Call a crisis center and ask them what they need (diapers, formula, clothing, etc.). Then think of ways of getting these items. For example, set up a Christmas Tree (or play pen) at church or school and place tags on the tree listing one item needed by the crisis center.



10. Buy a plant for a mother. Each time you hear that someone is pregnant, buy a little plant in a nice little pot and place the name of the mother next to the plant. Then pray for the mother, father and baby every day in class. When the baby is brought to the church to be baptized, present the mother and baby with the plant. This reminds us to be thankful for each child God creates and that we should pray for mothers and their children.

11. Spell out “Choose Life” with Styrofoam cups into a chain link fence at school.



12. If you watch a TV program when abortion is portrayed as “okay,” write them and tell them you will no longer watch any program that thinks killing babies is okay.



13. Organize a “sign wave” with your friends. Make some pro-life signs, then stand at a busy intersection on the sidewalk and wave at people driving by. Hopefully they will read your signs.



14. The Kansans for Life office has excellent pro-life literature. Join with some friends and distribute this literature door to door in your neighborhood.



15. Talk with your brothers and sisters about this issue so everyone understands what abortion really is.



16. Raise money. There are many groups who can use financial support. This can be done through yard sales, bake sales, baby showers, helping the Knights of Columbus when they are raising money for pro-life and many others.



17. Visit a nursing home and “adopt” one of the residents. Visit with them regularly. Send them cards. Play bingo with them. Learn to respect all God’s people – from the oldest to the youngest.

18. Defend others. Young people sometimes say cruel and hurtful things to one another. Tell them everyone is perfect in God’s eyes and ask them to respect each other.



19. Go to yard sales and garage sales and buy baby clothes and maternity clothes and donate them to a pregnancy crisis center.



20. When you have the opportunity To share prayer requests, ask for prayers for all the victims of abortion.



21. Listen and learn from your parents and teachers about dating and chastity. Respect yourself and demand respect from anyone you go out with.

21. Carry pro-life literature with you so you can discuss it with friends and family members. Always be prepared, you never know when you will have the opportunity to save a life!



23. Avoid pornography and other evil sites on the internet. Instead, learn more about important issues and use the web for learning resources. Check out the following web sites:

- www.abortionfacts.com
- www.chastemates.com
- www.lifeteen.org
- www.LoveMatters.com
- www.lifeathletes.com
- www.whylife.com



24. Help an elderly person in your neighborhood. They may need help taking out the trash or mowing the lawn, or just or picking up the newspaper for them. Show them you care because they are important in the eyes of God. A Christian sees Jesus Christ in everyone.



25. This Christmas buy a gift for someone who is poor. Ask your parents if another family, not as well off, can join you to celebrate Christmas. You do not have to wait for Christmas to share something nice with someone who does not have as much as you.

26. Share your ideas with the Kansans For Life office. We want to hear your ideas and share them with others. Call us at 1-800-928-5433. If you need any pro-life information or assistance, give us a call.

For more information contact Kansans For Life 3301 W. 13 th St. Wichita, KS 67203 or call 1-800-928-5433, email kfl@kfl.org