



Heart Choices



Helping Northern Kansans Make Healthy Life Choices

By Leah Miller, KFL Chapter Coordinator

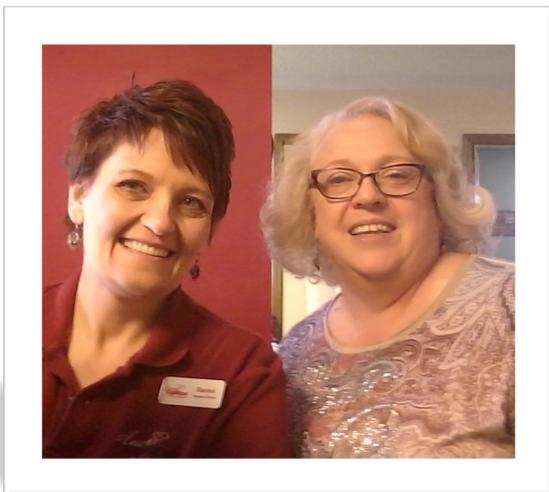
Stevie's Story

When she found out she was pregnant, Stevie had just started college and was living in a dormitory. She went to Heart Choices, the free pregnancy center for moms, and took a test which came out positive. Then she heard her baby's heartbeat on a doplar. She knew right then that she wanted to keep her baby, but she had lots of decisions to make in a very short time as she was already seven months pregnant. Heart Choices Executive Director Alice Thompson came to her assistance. Alice connected Stevie with a local doctor and opened the door to more services at Heart Choices. One of those services was adoption referral. Stevie was given information about the adoption process and a list of agencies she could contact.



God eventually led her to a wonderful family; they met and bonded instantly. Soon after, Stevie went into labor and gave birth to a precious baby girl. The adoption papers were completed at Heart Choices. Alice said, "The truth is, Stevie made the most difficult yet the most courageous decision that she could ever make that day. She chose to put her baby's needs above her own wants. She chose to place her child in a loving, stable, Christian family, and give her a future that, at that time, Stevie could not."

Now Stevie is married and has her own family but still keeps in contact with her birth daughter and the adoptive family. Thanks to Heart Choices, she was able to choose life for her daughter and, in a way, she got to keep her, too!



Alice Thompson, Executive Director & Rachel Ducote, Program Director



About Heart Choices

Up in the north central region of Kansas is a pregnancy resource center called Heart Choices. The main walk-in facilities are in Beloit and Concordia with satellite locations in Osborne and Smith Center. Heart Choices also partners with a mobile ICU unit to provide free limited obstetric ultrasounds to clients. The staff and volunteers at each center work tirelessly offering a network of support including...

Heart Choices provides pregnancy resources to all in need of assistance and guidance

The staff and volunteers at each center work tirelessly offering a network of support including...

- * **free pregnancy tests**
- * **counseling & mentoring**
- * ***Earn While You Learn* program**
- * **Bible study**
- * **pre-natal & parenting classes**
- * ***Smart Parent/Safe Kids* program**
- * **sexual integrity programs for schools & churches**
- * **adoption information**
- * **maternity & infant supplies**

Heart Choices is able to carry out its vital mission of saving lives and restoring hope with assistance from many sources including proceeds from the Annual Walk Run for Life that takes place in the fall, a Spring Banquet, and a Baby Bottle Campaign that runs from Mother's Day to Father's Day. Additionally, anyone in the community with a big heart and some free time can volunteer for service projects throughout the year.



Heart Choices "Boutique" where moms exchange "mommy bucks" for needed baby supplies

Contact:

Heart Choices
6th & Independence
P.O. Box 96
Beloit, KS 67420
785-738-3433
Toll free 800-585-3433

Concordia: 785-262-7138
Smith Center: 785-620-7718
Osborne: 785-345-3315
www.heartchoicesbeloit.com
Email: heartbeat@nckcn.com
FB: Heart Choices

Office Hours:

Monday: Closed
 Tuesday-Friday: 10am – 5pm
 Saturday/Sunday: Closed
 *Other hours by appointment

Donations Needed:

- ✓ Diapers Baby wipes
- ✓ Diapers (newborn-size 6)
- ✓ Cribs & bassinets
- ✓ Baby wash
- ✓ Diaper crème
- ✓ Maternity/baby clothes
- ✓ Formula
- ✓ Monthly partners
- ✓ Janitorial services